



Kiwaniis
CLUB OF SYDNEY

Newsletter

May 2024

#Kids need Kiwanis#

Kids are curious, lovable and hilarious. They are also wild, impatient and vulnerable. Kiwanis is looking out for kids in every corner of the globe with more than 550,000 volunteers who serve their communities through local clubs.

Remember – I can't do all the good the world needs, but the world needs all the good I can do!

Mother's Day Flowers



As we have done for 15 years some of our members went to Caroline Chisholm Nursing Home to present each of the 25 ladies and 10 staff in the home with a card and a rose for Mother's Day.

From all accounts the cards and roses were very well received and our members were thrilled at the opportunity to be involved. A big thanks to Devan, Rona, Naz, Devan's two daughters and

Fergus for making the ladies day special. The members involved are looking forward to continuing our involvement with the home.

Also a big thanks to Sree and to Nati Roses in Dural sales@natiroses.com.au for the donation of the roses.

We are now looking to expand our involvement with the home by returning for Father's Day. Also, Rajni is organising with Kathik to attend the home and play the keyboard for the residents. Lynne at the home has also requested some beanies and scarves.





Mother's Day Cake Stall

For the third year in a row Kiwanis Sydney held a "cake stall" at Cherrybrook Village Shopping Centre to raise funds for our signature project Sydney Children's Hospital Randwick (SCHR) – Comfort Care Cases (CCC).

What a resounding success with over \$4,200 being raised on the day!

Thanks to Monu, Sree, Naz and Angelique for the bulk of the organisation for the day.

A big thanks go to the donors of the auction and raffle prizes and to the many businesses in Cherrybrook who donated cakes and other items. The donation of two nights at



Greenview in Bowral by two friends of Kiwanis was a significant source of funds. We thank Serena and her husband for this generous donation.

Thanks also to the members and friends of Kiwanis who spent many hours cooking the beautiful cakes sold on the day. Members also donated raffle prizes and canvassed businesses for donations.

The cause of 'all the funds go to Sydney Children's Hospital Randwick and in particular our Comfort Care Cases' was an easy message on the day. We even attracted two people to want to know more about Kiwanis and how they can help. One of those has already attended a meeting and decided to join our team.



The other follow-up we have had is a member of the Blue Mountains Hospital in Katoomba want to know how to introduce a Comfort Care Case to their hospital. We have put them in touch with Kirsty at SCHR and look forward to the expansion of the CCC program.

The Comfort Care Cases is the **signature project** of Kiwanis Sydney. We have been the sole sponsor for 11 years since 2013-14.

A signature project should have:-

- Significant impact – helps the terminally ill kids and their families
- Community need – helps sick kids, their families and the nursing staff
- Enhances the Kiwanis brand - signage at our stall, Kiwanis shirts and chance to tell others about our work
- Creates partnerships – partnerships with donors of prizes, cakes and auction items and with KADCF for donations
- Recurring – we have supported CCC for 11 years
- Strengthens membership – we have gained new members from this project.



Lidcombe Vege Pods



Our relationship with Lidcombe Public School continues. Lidcombe Public School have 3 special education classes of students with complex sensory, learning and behavioural needs. After discussions with the Deputy Principal, Kiwanis Sydney decided to purchase two raised garden beds on wheels called Vege Pods. These will allow the kids to grow some vegetables and learn how to prepare them for eating. Some of the herbs will also serve as sensory stimulants.

After contacting Sarah at Bunnings Lidcombe they kindly agreed to donate the 12 bags of potting mix to the project. Thanks to Belinda for picking these up and delivering them.

Kiwanis Sydney has purchased the two Vege Pods for delivery to the school and assembly by the school handyman. We look forward to seeing this project “flourish”.



Volunteers Week *(extract from VolunteeringAustralia.org)*



Held on 20-26 May 2024, National Volunteer Week is Australia's largest annual celebration of volunteering, highlighting the important role of volunteers in our community. The theme for National Volunteer Week 2024 was “Something for Everyone”, recognising the diverse passions and talents everyone brings to the act of volunteering.

Thank-you to all the wonderful people who volunteer and give of their time through Kiwanis and other charities to help those in need.

National 20-26 MAY 2024
Volunteer
Something for Everyone **Week**

Elections

Kiwanis Sydney conducted their elections of the new leadership team in readiness for the 2024-25 Kiwanis year. The year commences on 1st October and the election in May allows for training and planning for the new leadership.

The elected people were:-

President – Belinda Secretary – Cathy Treasurer – Sree President Elect – Angelique

Immediate Past President – Vikki Directors – Jeff, Monu, Rajni

Naz also takes on the role of Lieutenant Governor Division 2 from 1st October.

Congratulations to all! Our club is in good hands.

Causes Supported in May

In May Kiwanis Sydney made significant donations and volunteer help to:-

- Operation Rainbow to assist WA doctors and medical staff to perform operations on children with cleft palates. They normally travel to Cebu in The Philippines each year and operate on hundreds of children to correct their lips and palates. Jeff and Belinda have also travelled to Cebu in the past to assist.
- StreetCare Homeless Support and Crisis Care Newcastle who provide meals, clothing and other support to the homeless.
- Lidcombe Public School Vege Pods as detailed in story above.
- Comfort Care Cases as detailed in story above.
- Caroline Chisholm Nursing Home as detailed in story above.

Aktion Club – looking for members! www.aktionclub.org

Kiwanis Sydney wants to sponsor a new Aktion Club and we are looking for potential members. Members with a disability will be part of their own club to fundraise and perform work in the community to help others in need. The Aktion Club will also organise their own social activities to get to know other members and have fun.

"WHERE
DEVELOPMENT
KNOWS NO
DISABILITY "



If you know of someone who might like to be part of, or benefit from this club, then please contact us at sydney@kiwanis.org.au.

#Kids need Kiwanis!

Do you want to help kids? Kiwanis Sydney needs your help to continue our work in the local, Australian and world communities. Come along, obligation free, to one of our monthly meetings, or a Bunnings barbeque to meet the team, or simply meet with one of our members over a coffee and hear about what we do and how you can help. You will meet new friends and get that warm feeling from helping kids in Sydney Children's Hospital, HeartKids, Sir Eric Woodward School, Nepal or others. Contact us at sydney@kiwanis.org.au

Hope you enjoyed the newsletter. If you have an article to include in future newsletters, please forward to sydney@kiwanis.org.au

Joke Corner

**I'm writing a book
about all the things I
should be doing in my
life.
It's an
oughtobiography.**

**I got myself a
seniors' GPS. Not
only does it tell me
how to get to my
destination, it tells
me why I wanted to
go there.**

**My therapist set half a
glass of water in front of
me. He asked if I was
an optimist or a
pessimist. So, I drank
the water and told him I
was a problem solver.**

~Unknown

Events Coming Up: 2023/24

Tues 11th Jun 2024 – Kiwanis Sydney Meeting 7pm – Pennant Hills Community Centre

Sat 22nd Jun 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Fri 5th Jul 2024 - BGS Terrific Kids Presentation Day for end of Term 2 - TBC

Fri 5th Jul 2024 - SEWS Terrific Kids Presentation Day for end of Term 2 - TBC

Fri 5th Jul 2024 - Warrah Terrific Kids Presentation Day for end of Term 2 - TBC

Sun 7th Jul 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Tues 9th Jul 2024 – Kiwanis Sydney Meeting 7pm – Pennant Hills Community Centre

Sun 11th Aug 2024 – City to Surf manning drink station #2

Tues 13th Aug 2024 – Kiwanis Sydney Meeting 7pm – Pennant Hills Community Centre

Sun 18th Aug 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Sat 31st Aug 2024 – Father's Day gifts at Caroline Chisholm Nursing Home

Tues 10th Sep 2024 – Kiwanis Sydney Meeting 7pm – Pennant Hills Community Centre

Sat 14th Sep 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Fri 20th to Sun 22nd Sep 2024 – New Zealand South Pacific District Convention in Auckland

Deserving Causes Kiwanis Sydney has helped	2022-23	2023-24
Sydney Children's Hospital Randwick - Comfort Care Cases	✓	✓
Sir Eric Woodward School - Terrific Kids and gardening	✓	✓
Broderick Gillawarna School – Terrific Kids, Fun Day and Formal	✓	✓
Warrah Specialist School – Terrific Kids, loom support and sensory equipment	✓	✓
Lidcombe Public School - Back to school packs & sensory toys. Vege Pods for growing vegetables		✓
Children First Foundation - life changing medical help for children (District Project thru' KADCF)	✓	✓
HeartKids Australia - research into children's heart disease (District Project thru' KADCF)	✓	✓
HeartKids Two Feet and a HeartBeat, Sweethearts Day, Super Heroes Day and local respite	✓	✓
Aussie Helpers – assisting farmers and their children in need		✓
Acute Lymphoblastic Leukaemia in Children (District Project thru' KADCF)	✓	✓
Share the Dignity Bags – for women and children in refuges or doing it tough at Christmas	✓	✓
Rainbow Children's Home Nepal - house and educate orphans	✓	✓
Harding Miller Foundation – part sponsorship of a Yr 9-11 girl for High School studies	✓	✓
Exodus Foundation Rev Bill Crews - helping the homeless	✓	✓
Father Chris Riley's Youth off the Street		✓
Kiwanis Children's Fund - various worldwide projects – annual club gift	✓	✓
Kiwanis Australia District Charitable Foundation – annual club gift	✓	✓
Caroline Chisholm Nursing Home – Mother's day cards and flowers	✓	✓
Street Care for Homeless Newcastle – provide clothing and food to homeless	✓	✓
Gunasekara Child Development Centre Sri Lanka	✓	✓
Operation Rainbow Cleft Palate operations by WA Drs in Cebu		✓

The Objects of Kiwanis International

- 1. To give primacy to the human and spiritual rather than to the material values of life.**
- 2. To encourage the daily living of the Golden Rule in all human relationships.**
- 3. To promote the adoption and the application of higher social, business and professional standards.**
- 4. To develop, by precept and example, a more intelligent, aggressive and serviceable citizenship.**
- 5. To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service and to build better communities.**
- 6. To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism and good will.**



Kiwanis Club of Sydney